

**We are all in
this together.**

Our Clubhouse is here to support its community partners. The CLIMB program is available to be offered at hospitals, medical centers, schools, and other appropriate settings.

Offering CLIMB in your facility can complement your existing programs for people touched by cancer.



www.ourclubhouse.org
(412) 338-1919



Free support for children and teens
who have a parent with cancer

CLIMB[®] Children's
Lives
Include
Moments of
Bravery

**Helping
children and
teens
understand
cancer**



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CLIMB is a program developed by The Children's Treehouse Foundation to support children who have a parent with cancer.



Children and teens between the ages of 6-17 who have a parent with cancer are welcome to join the CLIMB program.

CLIMB is a six week program offered by Our Clubhouse, a nonprofit that helps people touched by cancer.

During each two hour session, children/teens engage in therapeutic art and play and discover how to express their feelings, learn basic information about cancer, and develop coping skills.

CLIMB is the only program of its kind being offered in Southwestern Pennsylvania for children and teens who have a parent with cancer.

Our Clubhouse will bring CLIMB to your facility .

How CLIMB Works

CLIMB builds upon the child's strengths and enhance his/her ability to cope with the stresses of a parent with cancer.

Throughout the program the cognitive, social and emotional needs of the children/teens are addressed:

Cognitive – Children are able to think logically. CLIMB provides the information so they will gain an understanding of cancer.

Social – Children have a strong desire to be part of a social group. CLIMB provides the forum to make friendships with children sharing a similar experience and learn they are not alone.

Emotional – Peers are more understanding and accepting of children's feelings as they are on the same level. CLIMB provides the vocabulary and the opportunity for children to openly express and manage their feelings.

A concurrent parent group is offered during each CLIMB session and is facilitated by a CLIMB trained professional. Parents learn ways to help their children cope when cancer is in the family.

Many parents dealing with cancer don't know how to talk to their children about cancer. This breakdown in communication not only heightens the stress and fears of the children, but also isolates them from the family.

Participation in CLIMB helps to support communication of these complex feelings, increases the children's knowledge about cancer, and improves communication between the parents and children.

To Learn More or Offer CLIMB at Your Facility

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